

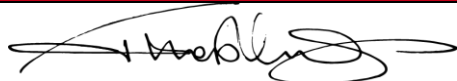


Welsh Bushi-Kai Karate Association

COVID-19 Risk Assessment – ALERT LEVEL 2

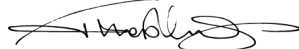
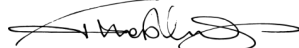
WBK CLUB NAME:	Margam Bushi-Kai Karate Club
WBK CLUB INSTRUCTORS:	Jordan Hopkins Morgan Phillips & Ruby Davies

CLUB VENUE:	Ysgol Cwm Brombil
CLUB DAYS:	Wednesday
CLUB TIMES:	6pm – 8.30pm

RISK ASSESSMENT COMPLETION - (First published – 19/8/20)	
SIGNATURE:	
COMPLETED BY:	Jordan Hopkins
DATE OF COMPLETION:	1/1/21

- The WBK COVID-19 Risk Assessment will identify the risks associated with COVID-19 transmission within our club activity, and will list the Control Measures that this Club is putting in place to protect its students and instructors from the COVID-19 hazard.
- Risk Assessment indicated implementations to minimize and/or avoid risks.
- Each Risk Assessment will be reviewed regularly to ensure the Risk Controls/Measures are effective in use.
- We will also take note of any changes in Welsh Government Advice/Guidelines that might change this risk and/or controls/measures required.

Review Dates & Signature

Review Date	Signature	Comments
7/8/21		New WG Guidelines and Legal Requirements updated. WG implementing Alert Level 0 Restrictions.
1/1/22		WG reintroduce Alert Level 2 Restrictions. Changes in self isolation periods.

COVID-19 Activity Risk Assessment

This document identifies the risks posed by Covid-19 to our club activities and identifies the Control Measures this WBK Club is putting in place to protect its Instructors, Students, Parents/Guardians and Visitors from the Covid-19 hazards whilst attending our Karate Activity.

Identified Risks	Control Measures (Add more rows and detail as needed)	Check
Members unaware of new Covid-19 risks and procedures.	Pre-Class Communication – via Social Media Platforms, Website and Messaging Groups. Instructors to ensure all members and parents/guardians understand and follow the new rules and procedures. A designated person will be sitting outside the dojo helping to implement the changes. If Instructors speak with members/parents/guardians, they must wear PPE to hold any conversations, especially in public areas of the facility/premise.	✓
Too many people attending the session.	Students will attend specific session times. Each session will be divided into age groups and/or grades. To avoid overcrowding, spectators will not be permitted to attend training sessions (this includes parents/guardians). Maximum number of students per session will be 30 indoors and 50 outdoors. 5 to 10 Minute period allocated between sessions to allow exiting and entrance to avoid overcrowding.	✓
Members risk infection travelling to/from the Class	Suggest walking, cycling, private car rather than public transport. People should only travel in household groups. If using public transport, PPE must be worn.	✓
Members Bags and Pads cause additional areas for transfer of virus	Students are allowed to bring their Bags and pads. Students are not share bags or personal equipment with anyone else (unless from the same household). Whenever possible – ensure anything brought to the club it is wiped down thoroughly before coming into the venue and the dojo.	✓
Members need water	Members bring their own labelled Water Bottles. Ensure there is no sharing of bottles (unless from the same household).	✓
Members arrive with contaminated hands	All participants to be advised to wash hands at home prior to leaving. Instructors, Students and Parents/Guardians will be instructed upon arrival to use hand sanitiser before they can further enter the venue and the dojo. Provide Hand Sanitiser Gel; on entry, within the dojo and on exit (Sanitiser Gel to be over 60% Alcohol).	✓
Members are confused by new layouts	Provide Signage to assist instructors, students and parents/guardians, and/or add Warning tape to floors. In the dojo, a clear format will be arranged using mats to indicate individual areas for instructors and students.	✓
Ventilation	Doors/Windows are to open during training sessions. Venue staff to ensure facility is ready prior to entry. Instructors to check doors/windows are open to ensure training area is ventilated.	✓
Doors to the Dojo spread contamination	Doors remain open to avoid touching. Also, adding ventilation to the dojo.	✓
Changing rooms and toilet facilities increase infection risk	Members come ready dressed to train. Instructors will control the number of students entering changing rooms/toilet facilities.	✓
Social Distancing measures	Instructors, Students and Parents/Guardians are to maintain safe distance where possible. WG Advices to maintain a 2-metre distance as much as possible, with those outside of your household. Instructors are implemented social distancing as much as possible within each session and ensure it adhered to in public areas of the venue/premise.	✓
Venue Capacity	Instructors are to ensure that session capacities are sensible and avoid overcrowding. Sessions are to allow students to safely distance from each other as much as possible and have as little contact as possible.	✓
Contact Training	Students are permitted to take part in contact training. Blocks, Pad work and Kumite (Sparring) will be included as contact training. Instructors should limit the amount of contact training per session.	✓

Members with higher risk and/ or with underlying health conditions	Instructors, Students and Parent/Guardians that are vulnerable or have underlying health issues will be asked to inform the Club Instructor of the vaccination status, are maintain social distancing and wear PPE (if appropriate).	✓
Spectators bring additional risks to students/instructors	Exclude all spectators from classes.	✓
Family Members	Family members can train together in household groups but will not be able to spectate.	✓
Mats/Floors are infected	Floors are cleaned by venue staff, before and after every class. Instructors will also spray and disinfect mats on a regular basis.	✓
Spillages on floor	Spillages are to be cleaned immediately.	✓
Use of Pads/Equipment	Equipment should be thoroughly disinfected & cleaned before and after sessions to minimise the risk of transmission. Equipment must not be shared between different household groups during session.	✓
Touching surfaces occurs	Hand Sanitiser Gel will be available before, during and after a class. Scheduled cleaning breaks when can be implemented if necessary.	✓
PPE is requested	Instructors & Members can wear marks and/or gloves if they choose to but it is advised that they provide their own. Disposable masks and gloves will available if requested.	✓
Members leaving increases contact risks	Each Instructor and Student to use hand sanitiser on leaving the dojo and venue. Students must take all of their possessions with them. Students to leave immediately.	✓
Student's parent/guardian is late picking up	Students awaiting to be collected will remain inside the dojo with the instructors. Following safeguarding procedures.	✓
Leaving behind contamination	Mats/Floors are cleaned. Pads/Equipment are wiped clean as per cleaning regime. Any water bottles left behind will be disposed of by the instructor/venue staff.	✓
Waste disposal	Separate bins provided for potentially infected material. Secure disposal at end of session.	✓
Instructor Track & Trace	Keep a list of names and contact details, in case of Instructor or Student infection.	✓
First Aid	First Aider to wear full PPE prior to attending to a person in need of aid. First aid incidents include accidents and injuries.	✓
Dojo Fees	Payments to be made via a contactless device/system. Cash payments will be accepted and hands to be sanitised on a regular basis.	✓
Face Masks/ Face Coverings	Students aged 11 years and over are to wear a face mask/face covering in any public area of the venue, for example entrances, exits, corridors, toilets etc. Parents bringing their child to karate must also wear a face mask/face covering. Students under the age of 11 or anyone who has health conditions are exempt from wearing a face mask/face covering.	✓